



# SACRED HEART PARISH

Sunday 1st March 2026

2nd Sunday of Lent



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP

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Hours open: 9am-2pm, Mon, Tues, Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

### ~Mass Times~

**Saturday Vigil:** 6.00pm: Peter Hanna, Anniversary Mass

**Sunday Masses:** 9:30am: George Rogan Snr, George Rogan Jr, & Annie Rogan Anniversary Mass  
11:30am: Mary McGahen, Anniversary Mass

**Weekday Masses:** Tuesday 7:00pm: Novena The Fanning Family, Anniversary Mass  
Wednesday 10:00am: Kieran McKinley, Anniversary Mass  
Friday 10:00am: NO MASS

**Confessions & Adoration:** Saturday: 5:00pm - 6:00pm.

**Divine Mercy:** Friday 2:15pm, Exposition, Prayer and Confessions

### ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.  
Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

4th March  
St Casimir

5th March  
St Kieran

### ~Sanctuary Candles~

Chris MacQuillan  
Ellen Overend  
Patrick McKeever  
Catherine McKeever  
The Holy Souls  
The Forgotten Souls

*A Donation of £5 per candle*

### ~Recently Deceased~

Briege Hamill  
Nancy Deighan  
Linda O'Donovan  
Thomas Daly

*Eternal rest grant unto them,  
O Lord*

### ~Weekly Collection~

£1007.06

The Parish Thanks You  
For Your Kindness And Generosity

### ~Anniversaries~

Chris MacQuillan  
John, Mary & Charlie Fanning  
Noel Hannon  
Denis McMullan

*Eternal rest grant unto them,  
O Lord*

### ~Baptisms~

**Welcome into our community**

Dáire Jude Fennell  
Mabel Boomer  
Ríona Denise Hibbert

### ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.**  
(Micah 6:8)

# DATES FOR YOUR DIARY

Offertory Envelopes are now available to collect from the office.

**Pope Leo's Prayer  
Intentions  
for 2026**

**March:  
For disarmament  
and peace.**

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

**There will be no 10am Mass on Friday 6th March**

**A Prayer for the Second Week of Lent**

"Heavenly Father, thank you for the small blessings you give us every day, as well as the incomprehensible miracles we have witnessed.  
Help us to never take for granted your goodness, especially when life is difficult and the darkness feels overwhelming.  
Lord, enlighten my understanding, strengthen my will, purify my heart and make me holy.  
Help me to repent of my sins and to resist temptation in the future.  
Help me to rise above my human weaknesses and to grow stronger as a Christian".

Amen

**Divine Mercy Prayer Group.** The Stations of the Cross will take place every Friday during Lent at 2.15pm in Sacred Heart, followed by Exposition, Prayers and Confessions. Everyone is welcome to join.

**Dromantine Summer Camp.** Registration for Summer Camp for young people aged 11-17 opens on Saturday 28th February on our website: [www.dromantinesummercamp.co.uk](http://www.dromantinesummercamp.co.uk). Leadership applications for young people aged 17+ are now open on our website. For more information, follow us on social media...or call 07776359822

**Eucharistic Healing Retreat in Knock Shrine,** led by Croatian Priest, Fr Rozo Palić. Saturday 7th & Sunday 8th March. Venue: St. John's Welcome Centre; Saturday 10:00 am - 6:30 pm & Sunday 10:00 am - 4:30 pm. He will be supported by his Croatian Music Ministry team; no prior booking required; everyone is most welcome and please bring a packed lunch. For further enquires please contact, Patricia on 089 9466193 or Fiona on [fionatjennings@yahoo.com](mailto:fionatjennings@yahoo.com)

**St Patrick's Way Pilgrim Walk Downpatrick,** with guides Martina Purdy and Elaine Kelly. Saturday March 14 in honour of Ireland's patron saint and the 25th Anniversary of The Saint Patrick Centre. Includes 180° IMAX film of St Patrick, internal bus transfers, pilgrimage lunch, authentic Camino passport and a 6 mile pilgrimage walk finishing at St Patrick's grave. A 25% discount price is on offer for £40 (normally £55) To book ring 02844 61900 or [www.thesaintpatrickcentre.com](http://www.thesaintpatrickcentre.com)

**Cappella Caeciliana** warmly invites you to a special performance of Mozart's *Requiem* on Sunday 29 March at 6:30pm in Clonard Monastery. Conducted by Matthew Quinn, featuring a collaboration with the Ulster Youth Orchestra, alongside an outstanding line-up of internationally experienced soloists. Mozart's Requiem remains one of the cornerstones of the sacred Classical repertoire, and we are delighted to present it in the beautiful setting of Clonard Monastery as part of our 30th Anniversary season. Tickets: General Admission £20 | Under 25s £5. Available at our website, [www.caeciliana.org](http://www.caeciliana.org)

**Beginning Weekend Experience.** The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering "a weekend away for a lifetime of change" at Drumalis Retreat Centre, Larne. Friday 20th - Sunday 22nd March. To find out more contact Marie on 07896119669, Pauline on 07519289185 or email [belfastbe@yahoo.com](mailto:belfastbe@yahoo.com)

**First Saturday Devotions** will take place in Holy Family Church, Limestone Road, on 7<sup>th</sup> March 2026. 10am - Adoration of the Blessed Sacrament, Confessions and Act of Consecration, Rosary and Divine Mercy Chaplet. 11am - Holy Sacrifice of the Mass. Please come and bring a friend.

**Spiritual Exercises: 5 Day Silent Ignatian Retreat for Men.** Led by Benedictine monks from St. Joseph Abbey, France. Thursday 30th April (3pm). Benburb Priory, Co. Tyrone (1 hr from Belfast). €450 (all meals & single room included). Daily Mass - Ordinary Form (Latin & ad orientem). Discover the strength that only comes when you stop running and let God speak. Book at: <https://soutenir.clairval.com/retreat-benburb-priory>

**Chatty Café.** Open Wednesday & Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre.

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**The Stitch and Crocheting Group** meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0808 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**Al-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara  
07534 992 124

**Sacred Heart of Jesus, I place all my trust in Thee**